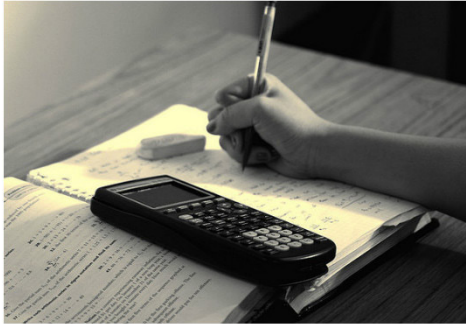


STUDENT VOICE

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The Path Not Taken

Chaimae Sbia
Advanced 2

I had known James since I was in middle school. I had always felt bad for him. I had always advised him and wanted him to be as hardworking as myself.

In high school, everyone had dreams, except him. He said he wasn't sure, and that he didn't know what he really wanted to do. I kept trying to convince him to set a goal just like everyone else, but all he did was criticize me for having a dream that my parents had set for me. I never understood why he thought it was a bad thing. I was hardworking, and I could achieve my dream, which was to become a well-known doctor with a bright future. Almost all of my classmates had dreamed about that. It wasn't about what you wanted to do; it was about working hard for everything.

I went to medical school, so I lost touch with James, and I barely had time to visit my family. However, I wasn't that good compared to the others. I was sure that I was working harder than the others, even though I was suffering, disgusted by surgeries and images we saw in books.

To be honest, I didn't love walking down that path, and I was very uncomfortable, but seeing how much money doctors made encouraged me and inspired me. I ended up becoming a doctor. After all the bloody years I spent studying and experiencing, I had finally become a doctor. I had been told that if I didn't get many patients in the first two years, I would never succeed in this career. They said it was a sign.

Three years passed, and I hadn't gotten half the number of patients that the others had gotten in one year. I had no time to waste. I went straight to my classmates from medical school and asked them how they had become successful. They all gave the same answer. They all said that they felt comfortable doing their jobs, which gave their patients a very good first impression of them. I asked again and again. I begged them to say that it wasn't about feelings. It would have been perfect if it was about hard work, but that wasn't the case.

I had to pull myself together. I searched everywhere for career tests. I was convinced that I should start from scratch. All the test results claimed that lawyer was

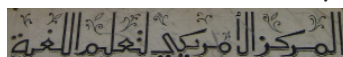
the perfect job for me. I didn't hesitate to enter law school because I always felt that I had to follow my instincts. I had always liked debates, and I had great verbal abilities.

I finally felt at ease when I started studying law. It was amazing. I should have majored in law in the first place, but I had been hoping that I could make more money as a doctor. I didn't care about what I loved to do. It didn't last long, compared to how many years I studied in medical school.

I became a lawyer, and I was at least six years older than my new colleagues at the law firm. I talked to everyone, and one of my co-workers told me that there was a meeting. I silently followed his footsteps. We waited for the boss to arrive. As soon as I saw him, I stood up. It was James.

James had only discovered his dream during the last summer of high school. He became successful as soon as he entered the field because he truly loved what he did. And here I was, regretting every instance when I had showed off in front of him.

submitting teacher: Jennifer Wendel



An Interview with Miss Leyla Hamroush

Student Voice: *Where are you from?*

Leyla Hamroush: Tricky question...My mum is English, and my father is Libyan. I'm from the Isle of Wight in England, but I was born in Benghazi, Libya.

SV: *When did you first visit Morocco?*

LH: I first visited Morocco in November 2014, but I moved to Morocco in June 2015.

SV: *Why did you choose to move to Fez?*

LH: I had visited many cities in Morocco, and I felt most comfortable in Fez.

SV: *Tell us about your life as a student. Where did you study? What did you study?*

LH: I went to the University of Chester. I studied Fine Art and Spanish. I was on the basketball team and the trampolining squad.

SV: *How long have you been teaching at the ALC?*

LH: I have been teaching at the ALC for a year now.

SV: *How long have you been a teacher in life?*

LH: I have been a teacher for three years.

SV: *When did you decide to become a teacher? Why did you choose teaching?*

LH: I decided to become a teacher while I was at uni, as I had to do an Erasmus year [*ed:* a student exchange program] and I chose to go as a teaching assistant.

SV: *What do you enjoy most about teaching?*

LH: I enjoy connecting with my students on a personal level and giving them the means to express their ideas and feelings

about life matters!

SV: *Describe your teaching style in three words.*

LH: Casual. Chatty. Interactive.

SV: *How is teaching at the ALC different from teaching at other schools?*

LH: Teaching at the ALC is more structured than other schools I've taught at. There are various assessments throughout the course. At times, they create added pressure on the students, but this can also help keep them focused and on track.

SV: *What qualities do good teachers have?*

LH: A good teacher should create a comfortable environment for the students to work, where they can practice speaking English without judgment or criticism. In order to do this, the teacher should ensure that students respect each other and promote peer mentoring. Students shouldn't feel nervous about approaching the teacher if they have any problems.

SV: *What qualities do good students have?*

LH: Every student is unique. A good student simply needs to be motivated to learn.

SV: *If you weren't teaching English, what would you be doing?*

LH: I'd probably be traveling or perhaps studying for my Master's degree in Spanish.

SV: *What's your favorite word in the English language?*

LH: Hmm...tricky. I know what my favorite word in Arabic is: *shibshib*, meaning flip-flops. Or *wasita*, meaning to have

a connection who is high-up. I don't think we have a word for this in English.

SV: *What is your least favorite word in the English language?*

LH: I really dislike swear words. Oh, and I hate being called *Teacher*.

SV: *What word or phrase do you overuse?*

LH: According to my housemate, *though*; but, apparently, when I'm telling a story and choose to skip past some of the details, I say *la la la*. Don't ask.

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Intermediate 3 Lina Berrada

Intermediate 4 Abderrafie Loutaoui

Intermediate 5 Zineb Joutei Boutaleb

Intermediate 6 Mehdi Benzekri

Advanced 1 Yasmine Lazaar

Advanced 2 Soukaina El Maysour

Advanced 3 Mohammed Mikou

Advanced 4 Mohammed Chaoui



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Morning People

Samia Arihane
Intermediate 5

Did you know that morning people are considered to be more productive and successful in their lives? A study in a top psychology journal found that those who wake up before 6 a.m. are not only more productive and friendlier, but they are also more successful when it comes to business and their careers. In fact, there are many reasons why waking up early can make you more industrious in life:

1. There are fewer distractions in the morning, which means that you can get more things done, especially personal things that you perhaps don't take time to prioritize during the day.
2. You can start your day off calm and relaxed, rather than rushing around trying to get everything ready.
3. Your mind is both clearer and sharper in the morning, which means you can do all your tough tasks throughout the day.

4. Your mind is also the most reflective and still in the morning, so it's the best time for visualization.

5. Studies show that our minds are most creative at night, but most productive in the morning, making morning the perfect time to take those creative ideas and put them into action.

6. Waking up early gives you more time to exercise, which releases serotonin. As a result, you feel better and happier.

7. You have more time to have a nutritious breakfast, which can help you feel energized all day long.

8. The more you wake up earlier, the more chances you have to go to bed earlier. As American inventor Benjamin Franklin once said, "early to bed and early to rise makes a man healthy, wealthy, and wise."

In conclusion, we can deduce that waking up early has a big impact on our health. I'm a morning person, and I'm proud of it!

Calm

Houda Bouabdallah
Intermediate 6

Calm is a feeling that makes you feel temporarily relieved from being stressed, confused, and mad. It is a situation that you sometimes hate, and at other times, you just wish it could last longer because you realize that it is like a gigantic rock has been taken off your shoulders. That's what I hear most people say.

It is a period to settle unfinished business. Think twice before any dangerous action. See the right from the wrong, the good from the bad. A moment that shouldn't last any longer, or else it'll be boring because you would feel emptiness in your mind, your heart, your life. You always feel like something is missing, but you'll never know what it is.

It is the time when people make big decisions that take them from the bottom to the top, from the dumbest to the brightest, from the ugliest to the most beautiful. And it goes that way. That's how champions, athletes, fashion designers, models, people like Bill Gates and Mark Zuckerberg are made.

However, none of them could have done it if they weren't that confident in their knowledge, and more importantly, themselves. You have to trust yourself no matter what and be carefree if that's what it takes to get beyond people's limits. Be creative. Just be yourself.

Emotional Intelligence

Mohamed El Alaoui
Advanced 3

For many years, I.Q. (intelligence quotient) has been used as a criterion that measures somebody's intelligence. Nowadays, researchers say that I.Q. is not a reliable test. Studies have shown another aspect of intelligence: emotional intelligence. It is the ability to recognize and control all kinds of emotions, to acquire the art of talking to others, and to have self-control.

In the 1990s, many psychologists

came up with this theory. Then an American writer and psychologist, Daniel Goleman, wrote two books in which he clearly explained the types of intelligence and how they are important for work and even in married life.

Besides the logical and linguistic intelligences that the I.Q. test is based on, several others should be better known. Let's start with interpersonal intelligence, which can be defined as the ability to get along with the people around you. Let's move

on to another type of intelligence, which is artistic intelligence. It deals with drawing, sculpting, and singing, etc. And last, but not least, there is naturalistic intelligence, which is the concern for nature and the environment, and an interest in plants and animals.

It is important to say that a low I.Q. doesn't mean a lack of intelligence. Multiple intelligences exist, and everyone, undoubtedly, has at least one.

Congratulations to the ALC Spelling Bee Winners

ALC-Fes Juniors students competed by spelling English words aloud. Three Juniors out-spelled their classmates.



1st place: **Aymane Benkirane**
 2nd place: **Lina Dkhisli**
 3rd place: **Zineb Benkirane**



Animals That Are Also Verbs

The names of these **animals** can also be used as verbs. Find the names of the **animals** in the puzzle.



| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| F | G | Q | W | S | E | R | T | H | Y | U | I | O |
| I | R | P | A | Q | S | D | M | O | N | K | E | Y |
| S | O | F | G | U | H | J | K | U | L | Z | X | S |
| H | U | C | H | I | C | K | E | N | C | V | B | N |
| N | S | M | Q | R | W | E | R | D | U | C | K | A |
| T | E | B | Y | R | U | L | B | I | O | L | P | K |
| W | E | A | S | E | L | A | U | A | R | A | T | E |
| O | S | D | D | L | F | R | G | G | H | M | J | D |
| L | K | G | Z | X | C | K | V | B | F | N | N | O |
| F | M | E | Q | W | P | A | R | R | O | T | E | G |
| R | T | R | A | M | Y | U | I | O | X | P | A | S |



When you **badger** someone, you ask them again and again and again. It's pretty annoying.

If someone says, "Stop **bugging** me!" it means that you're disturbing them.

When you are too afraid to try something new, you **chicken** out.

To **clam** up means that you refuse to reply when someone asks you for information.

When your friend yells, "**Duck!**" move your head down quickly, or you might get hit.

Like what hunting dogs do, **hounding** someone means following them until they give you something.

When you **monkey** around, you waste time.

If you **outfox** someone, you win something by being cleverer than that person.

To **parrot** means to repeat something, even if you don't understand what you're saying.

To **ram** something is to hit it very hard.

If you **rat** someone out, you betray that person by saying that they did something wrong.

When you **squirrel** something away, you keep in a safe place for the future.

To **weasel** out of a situation means to lie in order to avoid doing something.

If you **wolf** down your breakfast, lunch, or dinner, you eat it very quickly, and you take big bites.

Can you find these other animals and verbs in the puzzle?:

dog fish grouse lark snake